



Rieti, 02100, Italy

0039 331 21 51 405

alessandro cavoli@gmail.com

Skipe Alessandro Cavoli

Sex Male | Date of birth 03/09/1968 | Nationality Italian

SECTOR: Theatre.

- Art Designer, artistic director, playwright, actor, teacher since 1992.
- Member of the Trust international group with the directors of La Trans Paris, Youth National Theatre Dortmund Germany, Ex quorum Evora Portugal
- Teatro Rigodon artistic director since 2006.
- Il Castello dei Destini Inventati artistic director since 2014.
- Officine Fondazione Varrone artistic director for 2012/2013.
- "Lo Specchio e la Luna" Festival Colle di Tora (Ri) artistic director 2010/2011

He leads several community plays, and international projects, as dramaturg/ performer/ facilitator.

Pedagogue in several different contexts, community play, workshops, performances.

His artistic and pedagogical approach is developed in a European perspective; in international community Plays and international workshops he experienced many different pedagogical approaches towards youths.

In his organizational activities he focuses on building co-operation in the European context, focusing on social topics, contributing to create an international social and artistic platform and coordinating the relation between this platform and the local communities.



On pedagogical work: **THEATRE AND SPORT**

“Beauty is not the goal of competitive sports, but high-level sports are a prime venue for the expression of human beauty. The relation is roughly that of courage to war. The human beauty we’re talking about here is beauty of a particular type; it might be called kinetic beauty. Its power and appeal are universal. It has nothing to do with sex or cultural norms. What it seems to have to do with, really, is human beings’ reconciliation with the fact of having a body.

E.F. WALLACE

Starting since 2011 his pedagogical project THEATRE AND SPORT is the base of his research, under the main level of anthropological theatre that remains the base of his work.

I spent half of my life studying basketball techniques, becoming professional at 15 and playing up to 22, the other half studying the actor's actions; I often wondered if there was a relationship and on what basis.

Then I met the book by Prof. Franco Ruffini THEATER AND BOXE, THE ACTOR WHO FLY; from that moment on, I began to study and teach the actors the principles of sport that I knew well, as a base, training, and actor training.

From that intuition comes the project of Sports and Theater that is aimed at actors, sportsmen, curious who want to improve their relationship with the action.

The project is born from the perspective of using some athletic techniques to provide players with new skills on their ability to handle the actions, and to create a basic workout for the actor who works on physical actions, vice versa for athletes is about learning from the theater of action some useful techniques for sporting action.

A work on the principles of action: weight, balance, spine position, foot and hands use, jumping, using gravity, concentrating all energy at a point in the body; principles that recruit and intersect the actions of the sportsman and the actor to work on physical actions.

The goal is to manage new tensions, increase energy, have a firm body in action; the use of the body accorded to the mind.

ACTOR AND DIRECTOR IN (Main activities)

- 2017 Rocca Sinibalda Italy FESTIVAL CASTELLO DEI DESTINI INVENTATI "LA FORTUNA"
- 2017 Rocca Sinibalda Italy TRUST 2. INTERNATIONAL COMMUNITY PLAY. Organiser with La trans Paris, Kjt Dortmund, Ex quorum Evora. Supported by UE
- 2017 Paris . TRUST 2. INTERNATIONAL COMMUNITY PLAY . Organiser: La trans Paris . with Kjt Dortmund, Ex quorum Evora. Supported by Ue and Ofaj - Dfiw
- 2016 Rocca Sinibalda Italy FESTIVAL CASTELLO DEI DESTINI INVENTATI "L'APPESO"
- 2016 Rocca Sinibalda Italy "INTEGRITY YOUTH EXCHANGE/ supported by OFAJ-DFJW.
- 2016 Vilnius Lithuania "THEATRE AND SPORT" workshop organised by Vilniaus teatro Mokyla
- 2015 Massa Lombarda Italy SHAMBALLA workshop organised by Wasp Project
- 2014 Rocca Sinibalda Italy FESTIVAL CASTELLO DEI DESTINI INVENTATI
- 2014 International community play "Richard III - L'incubo del Potere". in collaboration with Nakissa Art Company (France). July 2014.
- 2013 Rieti Italy INTERNATIONAL FESTIVAL LE STAGIONI DELLA CULTURA. OFV
- 2013 International workshop "MEDEA" in collaboration with Nakissa Art Company (France) OFV
- 2013 LE STAGIONI DELLA CULTURA Second part ESTATE OFV
- 2013 LE STAGIONI DELLA CULTURA First part PRIMAVERA OFV
- 2012 Rieti Italy PROJECT CREATOR AND ARTISTIC DIRECTOR OF THE CULTURAL CENTER Officine Fondazione Varrone OFV
- 2012 LE STAGIONI DELLA CULTURA third part INVERNO OFV
- 2012 LE STAGIONI DELLA CULTURA second part AUTUNNO OFV
- 2012 International youth workshop "ESSERE DEL FARE" in collaboration with Institutet för Scenkonst (Sweden) OFV
- 2012 LE STAGIONI DELLA CULTURA first part ESTATE OFV
- 2012 "LA SERA DEL DÌ DI FESTA". International community play. OFV
- INTERNATIONAL FESTIVAL LE STAGIONI DELLA CULTURA . OFV
- 2011 Colle di Tora Italy "LO SPECCHIO E LA LUNA". International community play.
- 2010 Colle di Tora Italy "Lo specchio e la luna." International community play.
- 2009 KAFKA Street theatre
- 2008 "JOURNEY TO THE END OF THE NIGHT" Céline Monologue

With other companies

- 2007 GUADALAJARA - MEXICO "Città Invisibili"
- 2007 MAZATLAN – MEXICO "Festival de las Ferias de Sinaloa Mazatlan", Città Invisibili Porject;
- 2007 BAHIA – BRASIL "Città Invisibili"
- 2006 FORMIA (LT) – ITALY "Festival dei Teatri Mediterranei";
- 2006 NOTO (SR) – ITALY "Città Invisibili" Le vie del medioevo Festival;
- 2006 TIRANA – ALBANIA. "Città Invisibili" Accia Arte Festival;
- 2008 GROTTA (AG) ITALY – "Le vie del Medioevo Festival";
- 2006 MODICA (RG) ITALY – "Città Invisibili" "Accia Arte Festival";
- 2007 PALERMO – ITALY. "Città Invisibili" Le vie del medioevo Festival;
- 2006 OTRANTO – ITALY "Città Invisibili" Accia Arte Festival;
- 2006 GALLIPOLI (LE) ITALY –. "Città Invisibili" Accia Arte Festival;
- 2006 MANTOVA – ITALY. "Città Invisibili" Festival europeo del Teatro di Scena e Urbano;
- 2006 CASSINETTA (MI) –. "Festival Internazionale di mimo pantomime e teatro urbano";
- 2006 ABBIAIE GRASSO – ITALY "Festival Internazionale di mimo pantomime e teatro urbano";
- 2006 SALVADOR BAHIA – BRASIL Federale de Bahia University;
- 2006 SICILY – ITALY, "Il conte dei Geraci", Site Specific
- 2005 ROMA (RM) – ITALY Aspettando Godot", Roma Tre University;

- 2001 MATERIALI FRATTALI TEATRO SOLIS
- 2000 DINOSAURI TEATRO SOLIS
- 1999 RACCONTI DI STRADA TEATRO SOLIS
- 1998 L'UOMO DAL FIORE IN BOCCA PIRANDELLO TEATRO SOLIS
- 1997 RACCONTI DI STRADA TEATRO SOLIS
- 1996 CITTA' INVISIBILI TEATRO POTLACH
- 1995 CITTA' INVICIBILI TEATRO POTLACH
- 1994 LA GIARA PIRANDELLO ROMA NORD TEATRO
- 1993 LA GIARA PIRANDELLO ROMA NORD TEATRO
- 1992 IL FU MATTIA PASCAL PIRANDELLO
- 1991 Project manager Theater LE COLONNE Rieti

EDUCATION

- 1999 FARA SABINA (RI) SPECIALISATION COURSE:– Director's art "Toccare con un dito, teacher: Daniela Regnoli;
- 1998 RIETI (RI) SPECIALISATION COURSE: Director's art, teacher: Gustavo Riondet;
- 1998 FARA SABINA SPECIALISATION COURSE:– Director's art, teacher: Odin Teatret, Eugenio Barba;
- 1998 PADOVA PRACTICAL TRAINING COURSE: - Actor's technique, teacher: Odin Teatret;
- 1997 RIETI PRACTICAL TRAINING COURSE: - Actor's technique, teacher: Gustavo Riondet;
- 1996 RIETI PRACTICAL TRAINING COURSE: - ITALY Actor's technique, teacher: Gustavo Riondet;
- 1995 RIETI PRACTICAL TRAINING COURSE: - ITALY Actor's technique, teacher: Gustavo Riondet;
- 1994 AGROPOLI (SA) - PRACTICAL TRAINING COURSE: Actor's technique, Associazione Grandi Classici;
- 1993 FARA SABINA PRACTICAL TRAINING COURSE: - ITALY Scenography Laboratory, teacher: Luca Ruzza
- 1993 FARA SABINA (RI) Voce e Spazio project; PRACTICAL TRAINING COURSE: - ITALY Actor's technique,
- 1993 FARA SABINA PRACTICAL TRAINING COURSE: - ITALY Director's laboratory, Festival Territorium Artis, teacher: Pino Di Buduo;
- 1993 FARA SABINA PRACTICAL TRAINING COURSE: - ITALY Actor's technique, Festival Territorium Artis, teacher: Pino Di Buduo;
- 1993 FARA SABINA PRACTICAL TRAINING COURSE: - ITALY "L'attore Consapevole" seminary, Teatro Potlach;
- 1992 AUSTRIA PRACTICAL TRAINING COURSE: 22° Woche der begegnung Klagenfurt, Città Invisibili project.
- 1992 MALTA PRACTICAL TRAINING COURSE: Maltafest Senglea, Città Invisibili project;
- PRACTICAL TRAINING COURSE:
- 1991 FARA SABINA Festival Internazionale di Teatro del Centro di Scienze Teatrali Applicate & Teatro Potlach;
- 1991 FARA SABINA PRACTICAL TRAINING COURSE:
- 1991 FARA SABINA (RI) Technique and actor's presence, teacher: Daniela Regnoli;
- 1991 TRENTO PRACTICAL TRAINING COURSE "Il lavoro dell'attore", Teatro Potlach;